

Lion Pride XC Invitational

DATE: September 26, 2020

SITE: Lasara Nature Trail

We would like to invite you to the 5th Annual Lion Pride XC Invitational. The meet is run on the paved Lasara Nature Trail, school grounds, pavement, hills, and ends on the track. There will be ten (10) different divisions (listed below) with the top 15 runners in each division receiving a medal. Chip timing will be used. There will be a concession stand available with drinks and snacks.

Coaches meeting at 7:30AM with the first race beginning at 8:00AM and continuing with a rolling schedule

DIVISIONS: Large schools VB – (5K) limit 10

Small schools VB (5K) limit 10

JV Boys (5K)

8th Grade Boys (1.5 mi.)*

7th Grade Boys (1.5 mi.)*

**combined*

Large schools VG (5K) limit 10

Small schools VG (2 mi.) limit 10

JV Girls (2 mi.)

8th Grade Girls (1.5 mi.)*

7th Grade Girls (1.5 mi.)*

ENTRY FEES: \$50 per team or \$150 for all HS/MS boys teams & \$150 for all HS/MS girls teams
\$10.00 per individual if less than 5 runners

AWARDS: Team Champions for each division will receive a plaque. Top 15 runners in each division will receive a custom medal.

Make checks payable to **LASARA ISD** and pay at coaches meeting.

If you have any questions, please email rvega@lasaraisd.net or call at 361.522.5334

Roy Vega
Head Coach

William Bardwell
District Principal

Sara Alvarado
Superintendent