**Rio Grande City**

**Rattler Cross Country Invitational**



**Attention Cross Country Coaches:**

**You are cordially invited to attend the 2019 Rio Grande City Rattler Cross Country Invitational. The meet will be held on August 17, 2019 at Ringgold Middle School campus located on 144 N. FM 3167 . The meet will start at 8:00 am. The fee for teams is $150 per team, $10 per individual runner if less than 5. Make checks payable to: Rio Grande City Athletic Department. If you have any more questions please call Coach Ramirez at (210) 380-4130 or Coach Altahif at (956) 500-1502.**

**Registration for the meet will be done through Rick Garza (956)-740-2376) zaptaroadrunner@aol.com. You must meet the deadline of Thursday, August 15th, 2019 or your team will not be allowed to compete in the meet. There will be not meet day registration. No Exceptions.**

**Packet pick up will be the day of the race from 6:30-7:45 A.M. This will be a chip timed race, so make sure to verify your chips the day of packet pick up.**

**Start Times:**

**8:00 AM- Varsity Girls (5 KM)**

**8:30 AM-Varsity Boys (5 KM)**

**Rolling Schedule**

**JV Boys (5 KM)**

**JV Girls (2 miles)**

**9th Girls (2 Miles)**

**9th Boys (2 Miles)**

**Attn: Freshman Divisions might be combined.**

**Joe Ramirez- Head Boys Cross Country Ricardo Altahif-Head Girls Cross Country**