**ROWE 23rd ANNUAL WARRIOR CROSS COUNTRY MEET**

Race Date: Saturday, August 24, 2019

Meet host: James ‘Nikki’ Rowe High School (McAllen)

Meet site: Springfest Park

Location: 3501 S 23rd St. (McAllen)

Schedule: 7:00 AM Check in at Official Registration Table

8:00 AM Varsity Girls (5K) 7 runners max

8:30 AM Varsity Boys (5K) 7 runners max

9:00 AM Jr. Var. Boys (5K) no max

Rolling Schedule for the following:

Jr. Var. Girls (2 Miles) no max

Freshmen Girls (2 Miles) no max

Freshmen Boys (2 Miles) no max

Entry Fee: $150 Girls (Varsity, Jr. Var., & Freshmen)

$150 Boys (Varsity, Jr. Var., & Freshmen)

$300 max per Girls & Boys High School Teams

$10 per individual (School with a team of less than 5)

Course: Fast Flat Course, Spectator Friendly, Porta Potty Restrooms

Awards: Top 20 medals in all divisions

Varsity: Team Championship & Runner Up Trophy

Junior Varsity & Freshmen: Championship Trophy

Notices: Coaches please turn in meet results immediately to the Official Table.

Meet results will be posted immediately after each race.

Awards will be presented as per the order of the running schedule.

Payment: Make Checks Payable to: Rowe Girls CC, Attn: Lupe Soza.

Mail check to: Rowe High School

2101 N Ware Rd.

McAllen, TX 78501

Good Luck & Looking forward to having your team run at Springfest!

Coach Lupe Soza. 956-607-7751 (maria.soza@mcallenisd.net)

Coach Hugo Cervantes 956- 639-2741 (hugo.cervantes@mcallenisd.net)