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***Lasara Lion Pride XC Invitational***

Date: Saturday, September 24, 2022

Place: Lasara High School & Nature Trail

Schedule: We will be combining Freshman and Middle School races

8:00 am Varsity Boys (Limit 10) 5K

8:30 am Varsity Girls (Limit 10) 5K

9:00 am J.V. Boys (No Limit) 5K

9:30 am J.V. Girls (No Limit) 2 miles

10:00 am Freshman Boys (No Limit) 2 miles

10:00 am Freshman Girls (No Limit) 2 miles

10:30 am 8th Grade Boys (No Limit) 1.5 miles

10:30 am 8th Grade Girls (No Limit) 1.5 miles

11:00 pm 7th Grade Boys (No Limit) 1.5 miles

11:00 pm 7th Grade Girls (No Limit) 1.5 miles

Entry Fee: $150.00 high school team $300.00 school or $10.00 per individual

(team includes Varsity/JV & Freshman)

$50.00 per Middle School Team or $200.00 for all 4 Middle School Divisions

(7th Grade Girls $50 & 7th Grade Boys $50 & 8th Grade Girls $50 & 8th Grade Boys $50)

Make Check Payable to: Lasara ISD

Email your spreadsheet to [running956@yahoo.com](mailto:running956@yahoo.com) by Sept. 20th at 6:00pm

\*No Meet day registration NO EXCEPTIONS. Packet pickup will be the day of the race 7-8:00 am. \*Highly Encourage all teams to please provide/bring their own water.

We look forward to seeing you on September 24th. If you have any questions, please call or text Coach Rey Garza 956-929-0479 or Coach Ron Tamez at 642-5415 (Athletic Office). You can also email us at: [r.garza@lasaraisd.net](mailto:r.garza@lasaraisd.net) or [rtamez@lasaraisd.net](mailto:rtamez@lasaraisd.net)